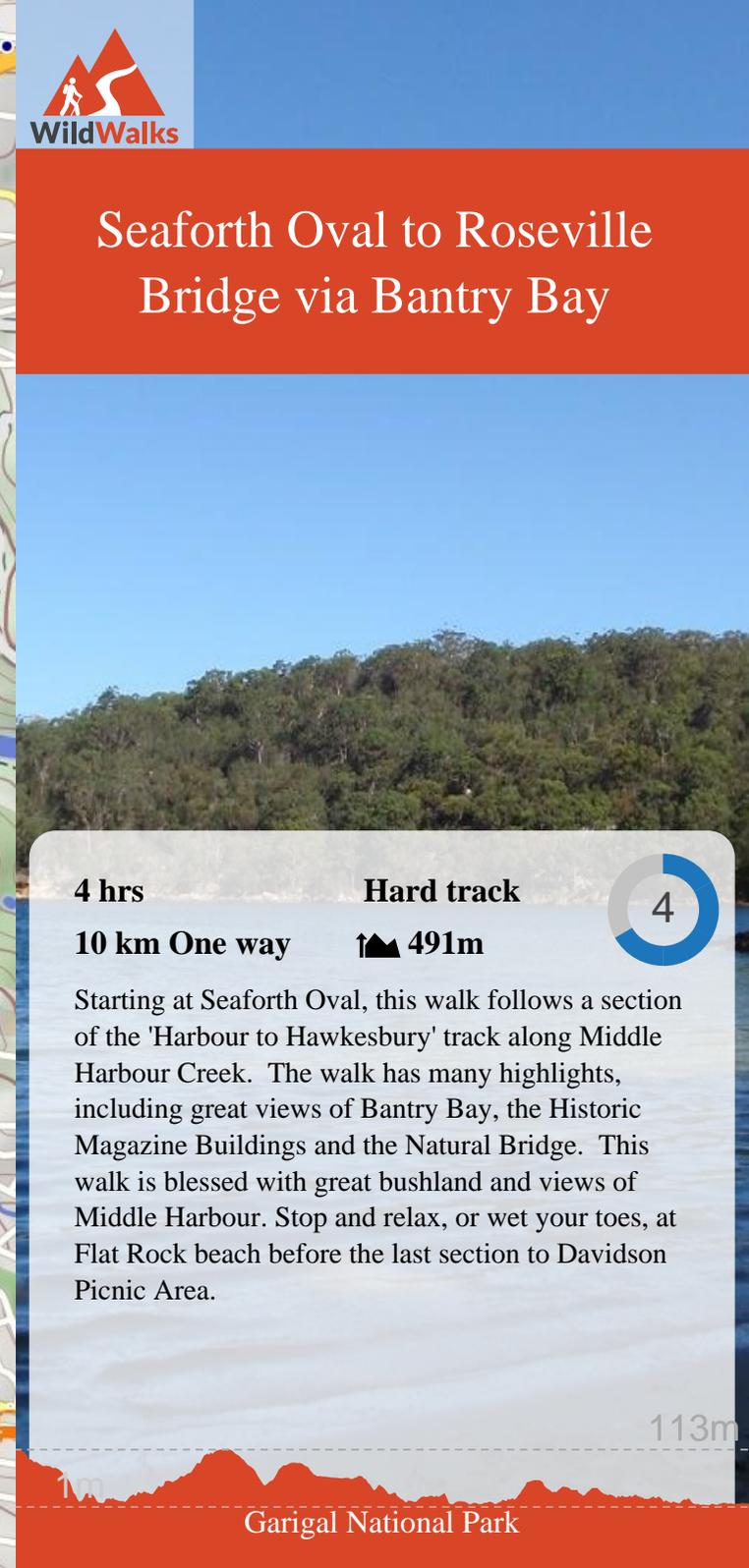
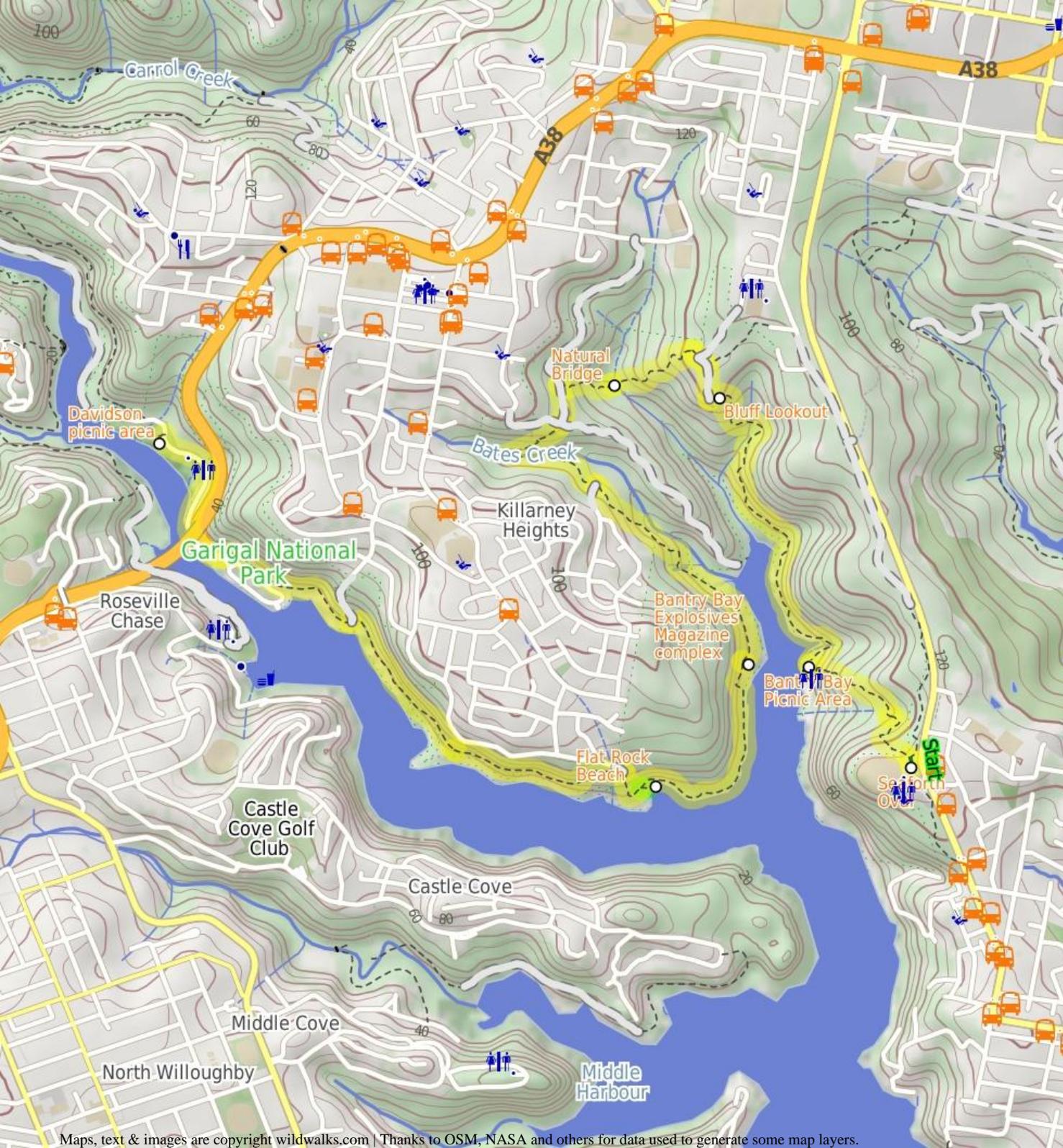


Seaforth Oval to Roseville Bridge via Bantry Bay



4 hrs

Hard track

10 km One way

↑ 491m

4

Starting at Seaforth Oval, this walk follows a section of the 'Harbour to Hawkesbury' track along Middle Harbour Creek. The walk has many highlights, including great views of Bantry Bay, the Historic Magazine Buildings and the Natural Bridge. This walk is blessed with great bushland and views of Middle Harbour. Stop and relax, or wet your toes, at Flat Rock beach before the last section to Davidson Picnic Area.

113m

Garigal National Park

Seaforth Oval

Seaforth Oval is a large playing oval on the Wakehurst Parkway in North Balgowlah. It is managed by Manly Council, who have also recently been upgrading the Timber Getters Track in association with NPWS. There is a distant view of Chatswood from the oval. There are toilets, but they are usually locked. There is a large car park, shelter and sign with information about the Harbour to Hawkesbury walk. [More info.](#)

Bantry Bay Picnic Area

The area of Bantry Bay has been popular with day visitors since the late 1800s. In the early 1900s, the picnic area was also home to a dance hall (foundations still visible), dining room, picnic ground and overnight accommodation. Today, the picnic area has a picnic table and a number of fireplaces. There is also a public wharf, toilets, open grassy area, shade from trees and a great view across the water. There are no garbage facilities. The picnic area is at the bottom of the Timber Getters Track, below Seaforth Oval, on the eastern shore of Bantry Bay. [More info.](#)

Bluff Lookout

The Bluff is a large, unfenced rocky hilltop, in Garigal National Park, that provides great views up Middle Harbour. The views extend across the bushland of the National Park, along Bantry Bay, to the city of Sydney (You can even see Centrepoint Tower). Apart from the distant views, the bluff is also an interesting rock feature, with a number of caves containing honeycomb rock formations.

Natural Bridge

The Natural Bridge is a sandstone arch in Garigal National Park. The arch spans an unnamed creek feeding into Bantry Bay. The Natural Bridge track uses this arch to cross the creek, and is not always noticed by walkers as the surrounding vegetation hides the full view of the feature from the track. The arch has formed the eroding forces of water flowing down the creek. The arch provides an interesting natural feature to explore and enjoy.

Before You walk

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an enjoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast ([BOM Metropolitan District](#))
- 2) Fire Dangers ([Greater Sydney Region](#))
- 3) Park Alerts ([Garigal National Park](#))
- 4) Research the walk to check your party has the skills, fitness and equipment required
- 5) Agree to stay as a group and not leave anyone to walk solo

Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

- T** Take adequate supplies of food, water, navigation and first aid equipment.
- R** Register your planned route and tell friends and family when you expect to return.
- E** Emergency beacon (PLB's) should be carried on walks with significant gaps in mobile coverage (check terrain profile).
- K** Keep to your planned route and follow the map and walking trails.

Topo Maps

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include;

1:25 000 Map Series:91303N PARRAMATTA RIVER

1:100 000 Map Series:9130 SYDNEY

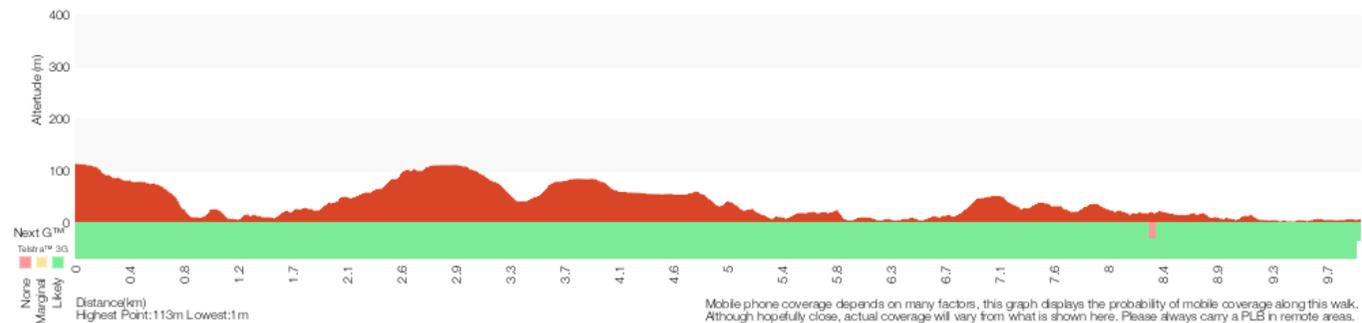
Grade

This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is determined by the highest classification along the whole track.



Grade 4/6
Hard track

Length	10 km One way
Time	4 hrs
Quality of track	Formed track, with some branches and other obstacles (3/6)
Signs	Directional signs along the way (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)



Mobile phone coverage depends on many factors, this graph displays the probability of mobile coverage along this walk. Although hopefully close, actual coverage will vary from what is shown here. Please always carry a PLB in remote areas.

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walk's overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to Seaforth Oval (gps: -33.782, 151.2372) by car or bus. Car: There is free parking available.

You can get back from Int of Davidson Park driveway and Rotary Rotunda path (gps: -33.7682, 151.2032) by car or bus. Car: A park entry fee is required for driving into the park.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/sotrbyvbb>

0 | Seaforth Oval

Seaforth Oval is a large playing oval on the Wakehurst Parkway in North Balgowlah. It is managed by Manly Council, who have also recently been upgrading the Timber Getters Track in association with NPWS. There is a distant view of Chatswood from the oval. There are toilets, but they are usually locked. There is a large car park, shelter and sign with information about the Harbour to Hawkesbury walk. [More info.](#)

0 | Seaforth Oval

(50 m 1 mins) From the corner of the car park with the information signs, the walk heads into the bush and down the wooden steps to the bottom, where it flattens out at the signposted intersection with the Engraving Track.

0.05 | Int of the Timber Getters and Engraving Tracks

(340 m 9 mins) Veer left: From the intersection, this walk follows the 'Timbergetters Track' sign down the wooden steps and through the bush, winding steadily down a long hill as it drops down several more sets of steps, following the bush track to the signposted intersection with the Old Bullock Track (closed for maintenance at time of writing).

0.38 | Int of the Timber Getters and Old Bullock Track

(510 m 15 mins) Continue straight: From the intersection (with the signposted 'Old Bullock Track' on the right), this walk heads west down the three wooden steps and along the track, winding through the dense scrub for a while. The walk crosses a small creek at some stepping stones and passes an old telegraph pole with no power lines attached. The track continues in this manner for a little while longer before it comes to the top of a short set of rock steps, where it starts to wind down into the valley using several scattered sets of wooden steps and one long set of rock steps, until coming down to the large picnic area at the bottom.

0.89 | Bantry Bay Picnic Area

The area of Bantry Bay has been popular with day visitors since the late 1800s. In the early 1900s, the picnic area was also home to a dance hall (foundations still visible), dining room, picnic ground and overnight accommodation. Today, the picnic area has a picnic table and a number of fireplaces. There is also a public wharf, toilets, open grassy area, shade from trees and a great view across the water. There are no garbage facilities. The picnic area is at the bottom of the Timber Getters Track, below Seaforth Oval, on the eastern shore of Bantry Bay. [More info.](#)

0.89 | Bantry Bay Picnic Area

(1.8 km 48 mins) Turn right: From the picnic area (keeping the water on the

left), this walk follows the "Bantry Bay Track" sign along the rocky bush track which undulates along the side of the hill, winding through the bush for a little while. The walk passes by the base of some cliffs and starts to climb up the hill at a rocky outcrop, continuing to wind up the long rocky hill as the track climbs to the top of the valley, eventually winding up some rock steps to a large rock platform. Here, the walk passes some track markers pointing back down the valley to a short bush track, leading to the signposted intersection of the Bluff Track at the lookout.

2.72 | Bluff Lookout

The Bluff is a large, unfenced rocky hilltop, in Garigal National Park, that provides great views up Middle Harbour. The views extend across the bushland of the National Park, along Bantry Bay, to the city of Sydney (You can even see Centrepoint Tower). Apart from the distant views, the bluff is also an interesting rock feature, with a number of caves containing honeycomb rock formations.

2.72 | The Bluff Lookout

(210 m 4 mins) Turn right: From the intersection, this walk follows the 'Bluff Track' sign along the rocky service trail, heading away from the lookout and through the bush for a little while before coming to the intersection with a defined bush track on the right.

Continue straight: From the intersection, the track follows the service trail (with the bush track on the right), heading north-west through the bush for a little while before coming to the signposted intersection with the Natural Bridge Track.

2.92 | Int of Bluff and Natural Bridge Tracks

(500 m 15 mins) Continue straight: From the intersection, this walk follows the Natural Bridge Track along the bush track, heading away from the service trails for a short distance before coming to the intersection of the Currie Road Oval bush track at the track marker.

Veer left: From the intersection, this walk follows the track marker along the bush track, heading west through the bush for a short distance to a large rock outcrop. From here, the walk continues along the defined bush track, winding down the long and sometimes steep rocky hill, into the valley. The vegetation gradually gets thicker, until this walk comes down to a wide rock arch crossing a creek - the Natural Bridge.

3.43 | Natural Bridge

The Natural Bridge is a sandstone arch in Garigal National Park. The arch spans an unnamed creek feeding into Bantry Bay. The Natural Bridge track uses this arch to cross the creek, and is not always noticed by walkers as the surrounding vegetation hides the full view of the feature from the track. The arch has formed the eroding forces of water flowing down the creek. The arch provides an interesting natural feature to explore and enjoy.

3.43 | Natural Bridge

(250 m 6 mins) Continue straight: From the bridge, the walk follows the bush track heading west (with downstream to the left) up the hill and away from the creek, steadily winding up a gentle hill. This steepens as the walk climbs up a few sets of wooden steps, continuing up the rock hill to the top, where it comes to the signposted intersection of the Currie Road Track.

3.68 | Int of Natural Bridge and Currie Road Tracks

(180 m 3 mins) Turn left: From the intersection, this walk follows the H/H walker on the 'Currie Road Track' sign south, along the service trail. The track soon comes to a four-way intersection with a large gum tree in the centre.

3.86 | Int of Bates Creek and Currie Rd tracks

(730 m 13 mins) Continue straight: From the intersection, this walk follows the bush track, heading through the dense vegetation. After a little while, the track starts to zigzag down the rocky hill and through the bush until it flattens out and crosses Bates Creek. The walk then turns left and continues through the bush, meandering along the flat bush track until coming to the signposted intersection with the Magazine Track.

4.59 | Int of Magazine Track and Tipperary Road service t

(1.1 km 27 mins) Continue straight: From the intersection, this walk follows the 'Magazine Track' sign along the wide, flat trail which winds around behind some houses (on the right). The track continues along a narrower, rocky bush track which steadily winds down a long hill to the bottom of the valley, where it flattens out just above the water. From here, the walk continues along the bush track, winding up and down along the side of the hill until it follows a track marker up to the magazine buildings' fence line. The track runs parallel to this fence as it heads along to an open, square concrete tank just off to the left of the track, from which the roofs of the magazine buildings and Middle Harbour Creek are both visible.

5.74 | Bantry Bay Explosives Magazine complex

The Magazine Buildings were the premier storage facility for merchants' explosives between 1915 and 1974. During this time, the carefully constructed building where crucial for the safe storage of explosives used for building public works such as the Sydney Harbour Bridge, and additionally used by the Australian Navy during World War II. There is currently no public access to the site, and the buildings are best viewed from across the water at Bantry Bay Picnic Area, or anywhere on the other side of Bantry Bay. [More info.](#)

5.74 | Back of Magazine Buildings

(1.1 km 23 mins) Continue straight: From the open concrete tank, this walk follows the bush track, with the ground sloping up to the right, as it heads down a short rocky hill. The track flattens out and follows the fence line to the end, where it turns left and continues down the rocky hill, along the bush track running parallel to a shorter fence. Soon, the track turns right and leaves the fence line. The walk follows the bush track heading away from the buildings and down the rocky hill, to the waters edge where it continues along the side of the hill, following Middle Harbour Creek for a long while. In time, the track winds around behind a small beach to the intersection of a narrow bush track heading down a short hill on the left.

6.79 | Optional sidetrip to Flat Rock Beach

(30 m 1 mins) Turn sharp left: From the intersection, this walk follows the narrow bush track heading down the hill to the small beach at the bottom. At the end of this side trip, retrace your steps back to the main walk then Veer left.

6.79 | Flat Rock Beach

Flat Rock Beach is a small, south-facing beach on Middle Harbour, in Garigal National Park. The sand is deposited on a rock shelf that pokes through in places, forming interesting sculptures. The beach is frequented by walkers and boaters enjoying their day by the water. The beach can be accessed by a bush track from the end of Killarney Drive, Killarney Heights. Historically, the beach was a popular picnic area and serviced by a ferry in the early 1900's. Today, there are no facilities, but some shade is provided by the trees at the back of the beach.

6.79 | Int of Magazine and Flat Rock Beach Tracks

(190 m 5 mins) Continue straight: From the intersection, this walk follows the bush track with the ground sloping up to the right, heading up the wooden steps. The track flattens out and turns right, following the track marker

through the bush and up the rocky hill, using the spread-out sets of wooden steps. The walk comes to an intersection and a signpost for the 'Magazine Track'.

6.98 | Int of Flat Rock and Magazine Tracks

(1.5 km 39 mins) Turn left: From the intersection, this walk follows the 'Flat Rock Track' sign along the bush track heading down the side of the hill, with the ground sloping up to the right. The walk winds down the rocky track for a little while, before flattening out as it passes by a small pipeline and then continues along the side of the hill. The track meanders through the bush for a while before coming to the four-way intersection with a bush track (which heads up the rocky hill to the right, and down to a private property at the bottom of the hill on the left).

Continue straight: From the intersection, this walk follows the bush track along the side of the hill, with the ground sloping up to the right. The track meanders through the dense bushland, occasionally catching a nice view over Middle Harbour Creek down to the left, and continues to the intersection of a rough service trail on the right, which heads uphill.

8.52 | Int of Downpatrick Road Servicetrail and Flat Rock

(690 m 16 mins) Continue straight: From the intersection, this walk follows the bush track along the side of the hill, with the ground sloping up to the right as it heads through the bush. The walk stays above Middle Harbour Creek for a while before it drops down a steep set of wooden steps to the intersection with the Davidson Park driveway, at a wooden picnic seat.

9.21 | Int of Davidson Park driveway and Flat Rock Track

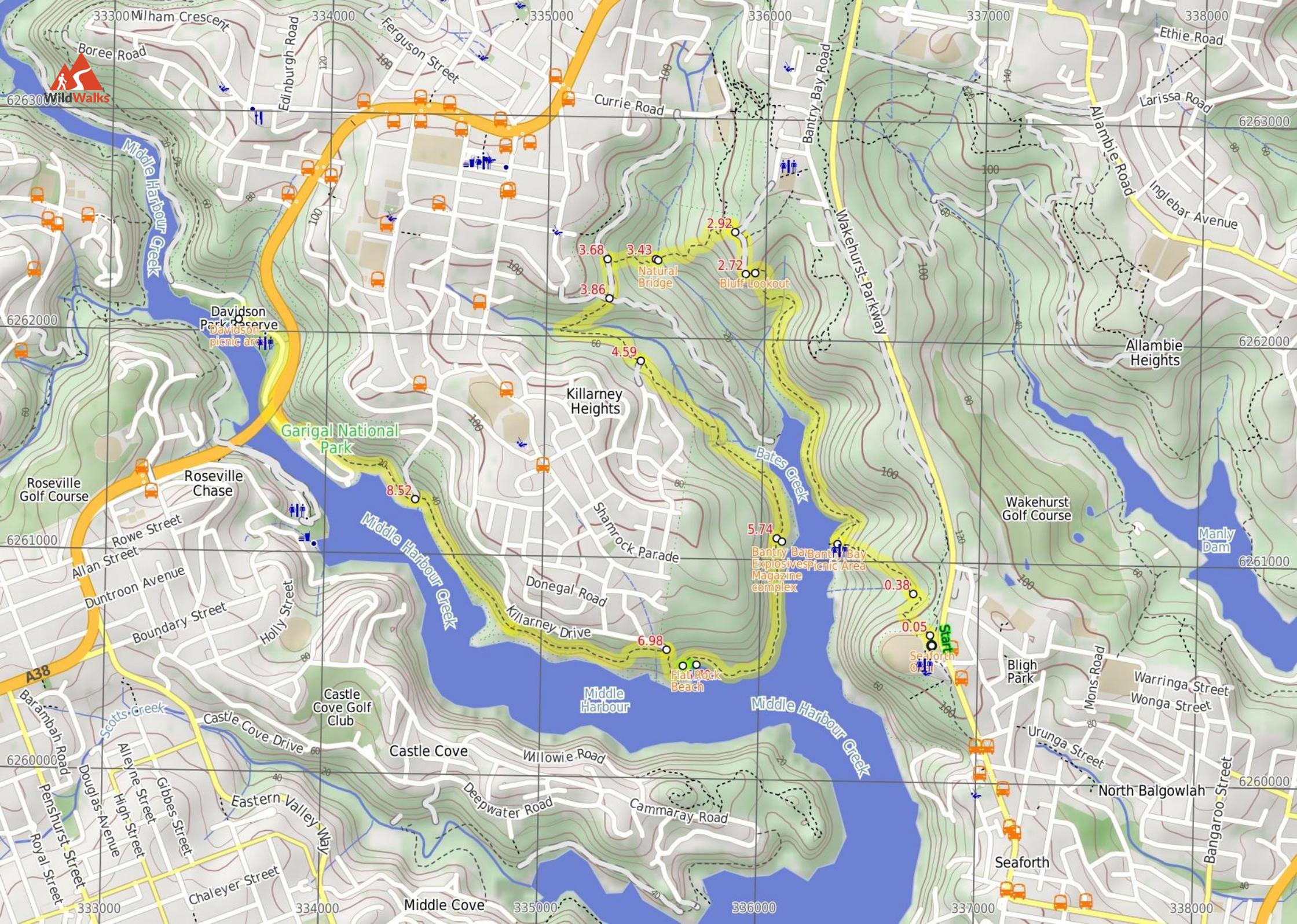
(770 m 13 mins) Veer right: From the intersection, this walk follows the flat driveway towards the Roseville Bridge, heading under a pipe bridge and coming to the intersection with the driveway to Davidson Park.

Turn left: From the intersection, this walk follows the Davidson Park driveway, crossing under Roseville Bridge with Middle Harbour Creek on the left. The walk passes a small car park and bends to the right, winding around the large picnic areas (on the left), passing a building with some toilets (also on the left), and continuing along for a little while before coming to the signposted intersection of the Rotary Rotunda footpath.

9.97 | Davidson picnic area

Davidson Picnic Area is in Garigal National Park, under Roseville Bridge (access via Warringah Road, south bound lanes, or via many walking tracks in the area). The picnic area has a boat ramp, wheelchair-accessible toilets, large open grassy areas, picnic tables, free electric BBQ's, and a large rotunda. There are plenty of shady spots provided by the trees. The northern section of the picnic area has a small beach swimming area, and the southern section boasts a boat ramp. The park is open 6am to 8pm (6:30pm outside daylight savings time). Ticket machines are provided to pay the car access fee.





Summary navigation sheet for the Seaforth Oval to Roseville Bridge via Bantry Bay



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
Start	Seaforth Oval -33.782,151.2372 (GR Parramatta River, 368606)	0 -2	50 m 1 mins	From the corner of the car park with the information signs, the walk heads into the bush and down the wooden steps to the bottom, where it flattens out at the signposted intersection with the Engraving Track.
0.05	Int of the Timber Getters and Engraving Tracks -33.7815,151.2372 (GR Parramatta River, 368607)	4 -34	340 m 9 mins	Veer left: From the intersection, this walk follows the 'Timbergetters Track' sign down the wooden steps and through the bush, winding steadily down a long hill as it drops down several more sets of steps, following...
0.38	Int of the Timber Getters and Old Bullock Track -33.7798,151.2363 (GR Parramatta River, 367609)	5 -75	510 m 15 mins	Continue straight: From the intersection (with the signposted 'Old Bullock Track' on the right), this walk heads west down the three wooden steps and along the track, winding through the dense scrub for a while.
0.89	Bantry Bay Picnic Area -33.7777,151.2326 (GR Parramatta River, 364611)	166 -77	1.8 km 48 mins	Turn right: From the picnic area (keeping the water on the left), this walk follows the "Bantry Bay Track" sign along the rocky bush track which undulates along the side of the hill, winding through the bush for a l...
2.72	The Bluff Lookout -33.7667,151.2281 (GR Parramatta River, 359623)	11 0	210 m 4 mins	Turn right: From the intersection, this walk follows the 'Bluff Track' sign along the rocky service trail, heading away from the lookout and through the bush for a little while before coming to the intersection with...
2.92	Int of Bluff and Natural Bridge Tracks -33.765,151.2275 (GR Parramatta River, 359625)	1 -71	500 m 15 mins	Continue straight: From the intersection, this walk follows the Natural Bridge Track along the bush track, heading away from the service trails for a short distance before coming to the intersection of the Currie Ro...
3.43	Natural Bridge -33.7661,151.2236 (GR Parramatta River, 355624)	39 0	250 m 6 mins	Continue straight: From the bridge, the walk follows the bush track heading west (with downstream to the left) up the hill and away from the creek, steadily winding up a gentle hill.
3.68	Int of Natural Bridge and Currie Road Tracks -33.7661,151.2212 (GR Parramatta River, 353624)	5 -1	180 m 3 mins	Turn left: From the intersection, this walk follows the H/H walker on the 'Currie Road Track' sign south, along the service trail.
3.86	Int of Bates Creek and Currie Rd tracks -33.7677,151.2213 (GR Parramatta River, 353622)	5 -35	730 m 13 mins	Continue straight: From the intersection, this walk follows the bush track, heading through the dense vegetation.
4.59	Int of Magazine Track and Tipperary Road service trail -33.7703,151.2229 (GR Parramatta River, 354619)	45 -79	1.1 km 27 mins	Continue straight: From the intersection, this walk follows the 'Magazine Track' sign along the wide, flat trail which winds around behind some houses (on the right).
5.74	Back of Magazine Buildings -33.7776,151.2296 (GR Parramatta River, 361611)	44 -53	1.1 km 23 mins	Continue straight: From the open concrete tank, this walk follows the bush track, with the ground sloping up to the right, as it heads down a short rocky hill.
6.79	Int of Magazine and Flat Rock Beach Tracks -33.7828,151.2249 (GR Parramatta River, 357605)	0 -6	30 m 1 mins	Optional sidetrip to Flat Rock Beach. Turn sharp left: From the intersection, this walk follows the narrow bush track heading down the hill to the small beach at the bottom.
6.79	Int of Magazine and Flat Rock Beach Tracks -33.7828,151.2249 (GR Parramatta River, 357605)	36 0	190 m 5 mins	Continue straight: From the intersection, this walk follows the bush track with the ground sloping up to the right, heading up the wooden steps.
6.98	Int of Flat Rock and Magazine Tracks -33.7821,151.2241 (GR Parramatta River, 356606)	86 -116	1.5 km 39 mins	Turn left: From the intersection, this walk follows the 'Flat Rock Track' sign along the bush track heading down the side of the hill, with the ground sloping up to the right.
8.52	Int of Downpatrick Road Servicetrail and Flat Rock Track -33.776,151.2117 (GR Parramatta River, 344612)	32 -41	690 m 16 mins	Continue straight: From the intersection, this walk follows the bush track along the side of the hill, with the ground sloping up to the right as it heads through the bush.
9.21	Int of Davidson Park driveway and Flat Rock Track -33.7733,151.2059 (GR Parramatta River, 339615)	12 -11	770 m 13 mins	Veer right: From the intersection, this walk follows the flat driveway towards the Roseville Bridge, heading under a pipe bridge and coming to the intersection with the driveway to Davidson Park.